

Guidelines For General Care - FYSIK Products

We offer a variety of products for different use under our collections of bespoke gym equipment but they all share common guidelines of general care. Made from our three core materials; wood, leather and stainless steel - and designed to provide a premium workout experience - proper care and maintenance are essential to preserve the aesthetics, functionality, and longevity of these investment pieces. Here are some general care instructions for your FYSIK products:

- **Handle With Care:** In order to maintain a good looking exterior of your FYSIK products and to protect the wood, leather and stainless steel parts from pre-mature signs of wear and tear; we recommend exercises and workouts that are done in a controlled and technically sound way. Our equipment is built solid and strong but our unique blend of classic and timeless material choices (wood, leather and stainless steel) will always look the best when handled with respect over time by the user. This includes, but not limited to, avoiding; hitting weights together, dropping weights on the floor, dragging equipment on the ground, slamming or throwing medicine balls, using equipment outdoors, etc.
- **Regular Cleaning:** Follow the instructions for each specific material (wood, leather, stainless steel) to remove sweat, oils, and any dirt or debris and to help keep the equipment clean and remain hygienic.
- **Use Specific Cleaning Products:** Avoid using harsh chemicals or abrasive cleaners, as they can damage the finish of the products. Instead, use cleaning solution specifically designed for each of the materials (wood, leather, stainless steel) that are being cleaned.
- **Store & Use Indoors:** FYSIK products are designed for indoor use. Avoid exposure to wet weather conditions, direct sunlight, or moisture, as these elements can cause damage and deterioration.
- **Use Soft Flooring or Equipment Mats:** If equipment is being placed directly on the floor, it is best if they are placed on a soft, cushioning surface to protect the floor as well as the products from scratches and dents.

By following these guidelines for general care, you can preserve the beauty and longevity of your FYSIK products and retains its aesthetic appeal for years to come. For specific questions, care guidelines, recommendations and instructions, always feel free to contact us directly (kindly share detailed information and photos) at info@fysik.com.

General Care Guidelines - Wood

Wood is a natural material that we frequently use in our bespoke gym equipment. The wood used in FYSIK products are treated with a water-based polyurethane finish to provide excellent durability and water resistance for longevity and ease of maintenance. With proper care and maintenance, the appearance and life cycle of these items can be extended to longest. Here are some general care instructions for the wood that you will find in your FYSIK products:

- **Cleaning:** Regular dusting with a soft, lint-free cloth is essential to prevent the accumulation of dirt and debris on the surface. For more thorough cleaning, use a mixture of mild dish soap and water, dampening a soft cloth with the solution and wiping the surface gently. Avoid using harsh chemicals or abrasive cleaners, as they can damage the finish.
- **Prevent Scratches and Dents:** Although the wood is coated with a protective layer, it is not impervious to scratches and dents so avoid sliding heavy or sharp objects across the wood surface or blunt forces (eg hitting stainless edge against the wooden parts) when using the equipment.
- **Regular Inspection:** Periodically inspect the wood product for any signs of wear, damage, or discoloration. Address any issues promptly to prevent further deterioration.
- **Avoid Water Prolonged Exposure:** While the wood finish provides some water resistance, it is not completely waterproof. Clean up spills immediately using a dry or slightly damp cloth to prevent the liquid from seeping into the wood and causing damage.
- **Avoid Extreme Temperatures:** Keep wood products away from direct sunlight and extreme temperature changes. Prolonged exposure to sunlight can cause the finish to fade, and extreme temperature fluctuations can lead to cracking or warping of the wood.
- **Use Coasters and Mats:** Place coasters under glasses and avoid placing any hot items directly on the wood to protect the wood surface from heat and moisture.
- **Avoid Chemical Exposure:** Keep chemicals, such as nail polish remover, alcohol, and strong solvents, away from the wood surface, as they can strip the polyurethane finish and damage the wood.
- **Reapplication:** If over time, the polyurethane finish shows signs of being worn down (eg in high-traffic areas), use a (water-based / matte finish) polyurethane to reapply in areas where needed.

By following these general care instructions, you can preserve the beauty and longevity of your FYSIK products. For specific care recommendations and instructions, always feel free to contact us directly (kindly share detailed information and photos) at info@fysik.com.

General Care Guidelines - Leather

Leather is one of the core materials used in our FYSIK products. We value this natural by-product material for its durability, feel and timeless appeal. Proper care is essential to maintain the beauty and extend the lifespan of our products containing leather. Here are some general care instructions for the leather that you will find in your FYSIK products:

- **Regular Cleaning:** Regularly dust off the leather surface with a soft, dry cloth to remove any loose dirt or debris. For more thorough cleaning, use a damp cloth with a mild soap solution, specifically formulated for leather care, and gently wipe the surface. Avoid using excessive water, as it can damage the leather.
- **Handle with Care:** Avoid sharp objects and rough handling that can scratch or puncture the leather. When performing exercises; avoid dragging, pulling or general poor handling (such as rubbing the leather surfaces against other materials) that can cause friction to damage the leather.
- **Storage:** When not in use, store our leather products away from direct sunlight and avoid pro-longed periods of time of when leather parts are in contact with sharp edges since this can cause dents in the leather.
- **Keep Away from Heat and Sunlight:** Avoid exposing the leather parts to direct sunlight as well as placing them close to a window, or heat sources like radiators, as they can cause the leather to dry out pre-maturely and fade over time.
- **Condition the Leather:** It's important that the leather stays moisturized to remain supple and prevent cracking. Use a leather conditioner (e.g. beeswax-based leather conditioner or cream) and apply it periodically to nourish the leather and maintain its natural oils.
- **Prevent Stains:** Protect leather items from spills and stains as much as possible and whenever needed, deal with spills immediately by blotting with a clean cloth and allowing the leather to air dry. If desired, apply a protective spray or wipes designed to repel water, liquids and stains.
- **Avoid Harsh Chemicals:** Keep leather away from harsh chemicals, including alcohol, bleach, and household cleaners, as they can strip the natural oils and cause damage.
- **Test Cleaning Products:** Before using any cleaning or conditioning products on the entire surface, test them on a small inconspicuous area to ensure they do not cause discoloration or damage.
- **Professional Repair & Cleaning:** For deep cleaning and more delicate repair needs, consider seeking a local leather craftsman (e.g. shoe repair shop) and professional cleaning services (e.g. handbag restorer) to avoid potential further damage.

By following these general care instructions, you can preserve the beauty and longevity of your FYSIK products. For specific care recommendations and instructions, always feel free to contact us directly (kindly share detailed information and photos) at info@fysik.com.

General Care Guidelines - Stainless Steel

Stainless steel is our metal of choice, highly valued for its durability, resistance to corrosion, infinite recyclability, and distinctive sleek appearance. With proper care, the stainless steel components of your FYSIK products will remain pristine and in excellent condition. Here are some general care instructions for maintaining the stainless steel in your FYSIK products:

- **Regular Cleaning:** Regularly wipe and dust off the leather surface with a soft, dry cloth to remove any fingerprints or stains. This is often enough and the easiest way to maintain a good looking surface of your stainless steel parts. For more thorough cleaning and to achieve a higher sheen; use specific stainless steel cleaners or polishes (e.g. Weno). Avoid sprays due to difficulty to control area being applied (that can damage leather or other materials) and opt for creams or wipes and follow the product's instructions for best results.
- **Handle with Care:** Avoid the stainless steel to have direct contact with other hard surfaces, sharp objects or rough handling in general since that can result in scratches or dents. When performing exercises; avoid hitting weights together and careless handling of weights (such as dropping weights on the floor) that can cause impact leaving scratches and dents to the products.
- **Avoid Abrasive Cleaners:** Refrain from using abrasive cleaners, scrub brushes, or steel wool on stainless steel, as they can scratch and damage the surface. Opt for non-abrasive cleaning tools (e.g. a micro-fiber cloth) to maintain the smooth finish.
- **Follow the Grain:** Stainless steel has a grain pattern, and cleaning or polishing should be done in the direction of the grain to avoid leaving visible scratches.
- **Avoid Harsh Chemicals:** Refrain from using harsh chemicals, bleach, or chlorine-based cleaners on stainless steel, as they can cause discoloration or pitting.
- **Regular Inspections:** Periodically inspect stainless steel products for signs of rust, especially in high-humidity environments or coastal areas. If any rust spots appear, address them promptly with a stainless steel cleaner or a mixture of vinegar and water.

By following these general care instructions, you can ensure that the stainless steel in your FYSIK products remain visually appealing and functional for a long time. For specific care recommendations and instructions, always feel free to contact us directly (kindly share detailed information and photos) at info@fysik.com.